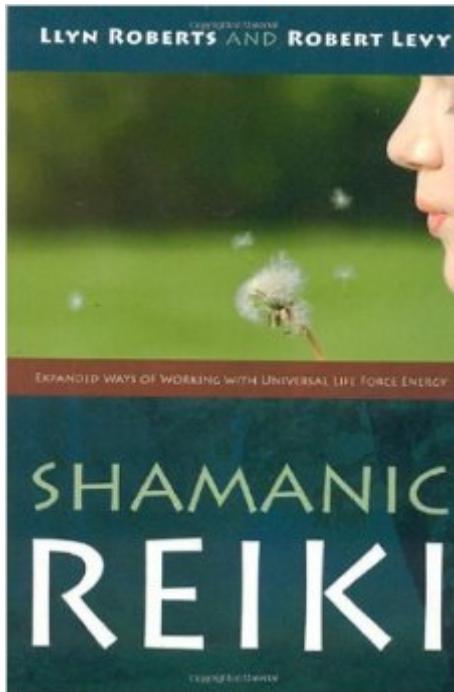


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# Shamanic Reiki: Expanded Ways Of Working With Universal Life Force Energy



## Synopsis

For the first time in print, shamanic techniques are introduced that healers and Reiki practitioners can draw on to tap ancient healing wisdom. Shamanism and Reiki are, by themselves, powerful ways to heal. Together, their power multiplies, and healing methods become available that aren't accessible if they're used separately. The purpose of Shamanic Reiki is to introduce you to concepts in both and provide you with detailed proven methods to enhance your own healing practices, or to work on yourselves.

## Book Information

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## Customer Reviews

Read this book if you would like to integrate shamanism into your Reiki practice. The authors make it effortless. Each chapter presents easy to follow approaches, which will involve you and your clients in the process of making your Reiki sessions more powerful. The authors empower us to step confidently into our personal exploration of combining shamanism with Reiki by communicating to us their profound understanding of the nature of energy. We will understand that our success depends on our intention, our relationship to spirit, and our trust in the healing process. As we experiment with the book's healing methods and exercises, we will remember the authors' admonishment that healing tools are channels of healing energy, not the energy itself. After we close the covers of the book, we will be ready to open our basket of tools and use them to experience the rewards of incorporating these two important healing modalities.

I was excited when I took my Level 2 Reiki training earlier this year to discover that parts of it seemed to be similar to the shamanic journeywork I've been doing for almost 15 years. The more I've worked with my clients, the more I've found this to be true. Coming across this book was a little miracle - their suggestions and experience are amazing, and will help keep me from re-creating my healing wheel. What I especially appreciate is how they use their work to empower their clients, not to make their clients indefinitely dependent upon them. Great work. What a godsend.

As one who regularly takes self-guided, shamanic journeys and a certified (traditional) Reiki Teaching Master, I was fascinated with the authors' enlightened, intuitive approach to augmenting each method with the other. In fact, Roberts and Levy highlight what I view as the most powerful aspects of both traditional Usui Reiki and Shamanic healing practices, and blend them masterfully. Experienced practitioners can choose to employ the same mix as the authors, or use more or less of each, according to her "sense" of any one situation. This is a spiritually beautiful healing manual! Linda C. Senn author of *The Many Faces of Journaling: Topics & Techniques for Personal Journal Writing*

This book is great for anyone who already practices Reiki with clients. It explains the Shamanic way very clearly and gives a background on Reiki. Rather than go deeply into either practice, they recommend books on both Reiki or Shamanism if you need further information. The book then dedicates itself to techniques which bring both practices together. The book also gives some ideas for your practice, ways to hold space and ways to hold a client. It empowers the practitioner to try new things, and to share techniques with their client to allow them to become responsible for their own healing. I would recommend it to anyone who may be stuck in their present way of working, or anyone who is looking for a greater connection with nature.

This is a fantastic book. Very easy to read. The authors, after discussing the basics of both Shamanism and Reiki, offer suggestions for combining the practices, and making the healing sessions interactive, in a way that should be non threatening to most clients. (Especially if you do not tell them it is Shamanism). This is a very practical and enlightening book, bringing Shamanic practice into mainstream energywork. Linda Sommer, owner of [...].

Anyone interested in Reiki should give this book a read. Wonderfully and simply written so that a beginner can understand it, yet lending itself extremely well to use by the seasoned practitioner as

well. Reiki and Shamanism, Reiki and Huna - Reiki works and melds well with other disciplines. As one of the other reviewers stated, I was also surprised at how many points and curves of the Reiki practice are parallel and overlapping with Shamanism. Small wonder, however, when you realize that our healing modalities source at the same place. I thoroughly enjoyed the way Llyn Roberts and Robert Levy laid out and presented the information in this book, as well as their writing styles. I'll be re-reading this one several times.

As always, Llyn Roberts explains both perceived worlds of energy in a concise manner. The intuitive energy practice blends into a deep philosophy both for beginner and long-time practitioner. Energy is energy--to be practiced without ego or personal interference.

I highly recommend this book. I am a Reiki Master and also have some experience with shamanism. This book is accessible, open, honest and practical. The authors are very generous with their ideas and experiences and I found both very helpful. I have used many of their ideas and also learned from them to practice following my own intuition. I have read hundreds of books on reiki and shamanism and I really love this book.

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